

Nutritional Considerations For Individuals Under 50 Diagnosed with Colorectal Cancer



ONCOLOGY NUTRITION
IN FOCUS



Nestlé Health Science empowers healthier lives through nutrition



As a global leader in the science of nutrition, we nourish those who need extra care, fill nutrition gaps and provide innovative products for a healthier future, enabling customers and patients to live their healthiest lives.

Cancer Nurses

A Key Part of Every Patient's Care



Malnutrition and Sarcopenia: The Hidden Burden in Cancer Care

UP TO
80%

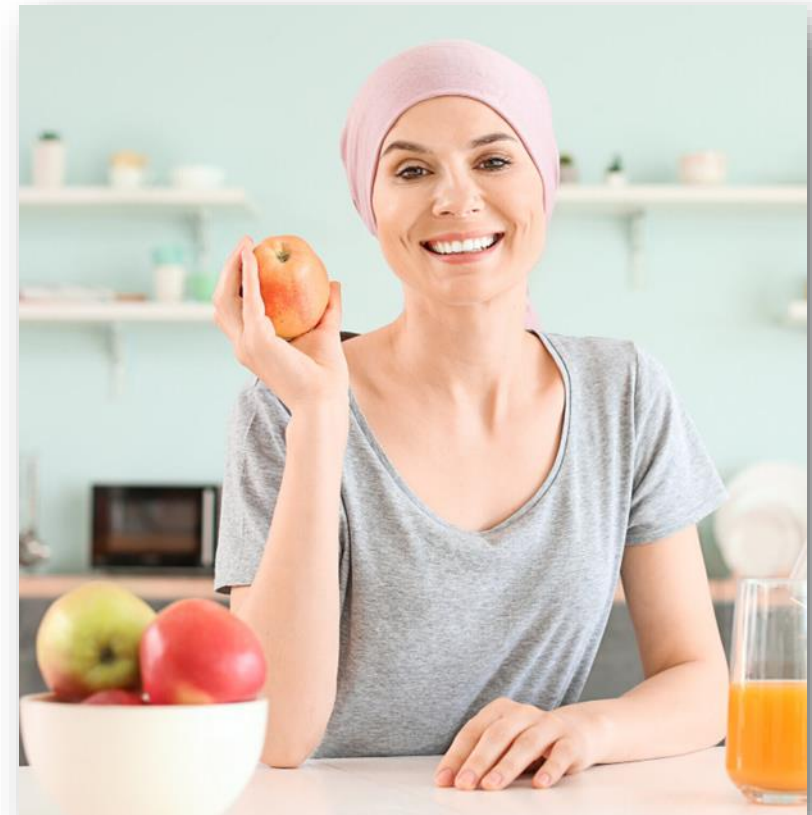
of oncology patients **experience malnutrition risk** at some point during treatment ¹⁻²

over
50%

exhibit or at risk of malnutrition at their **first oncology visit.** ¹⁻²

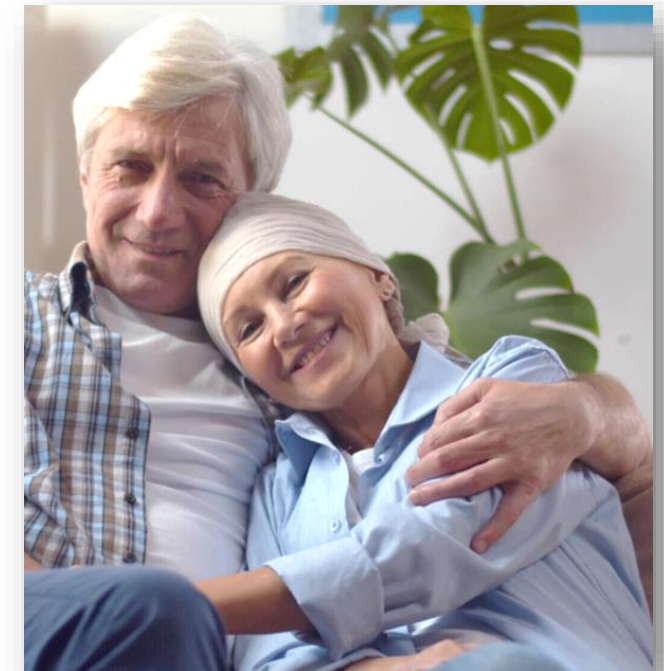
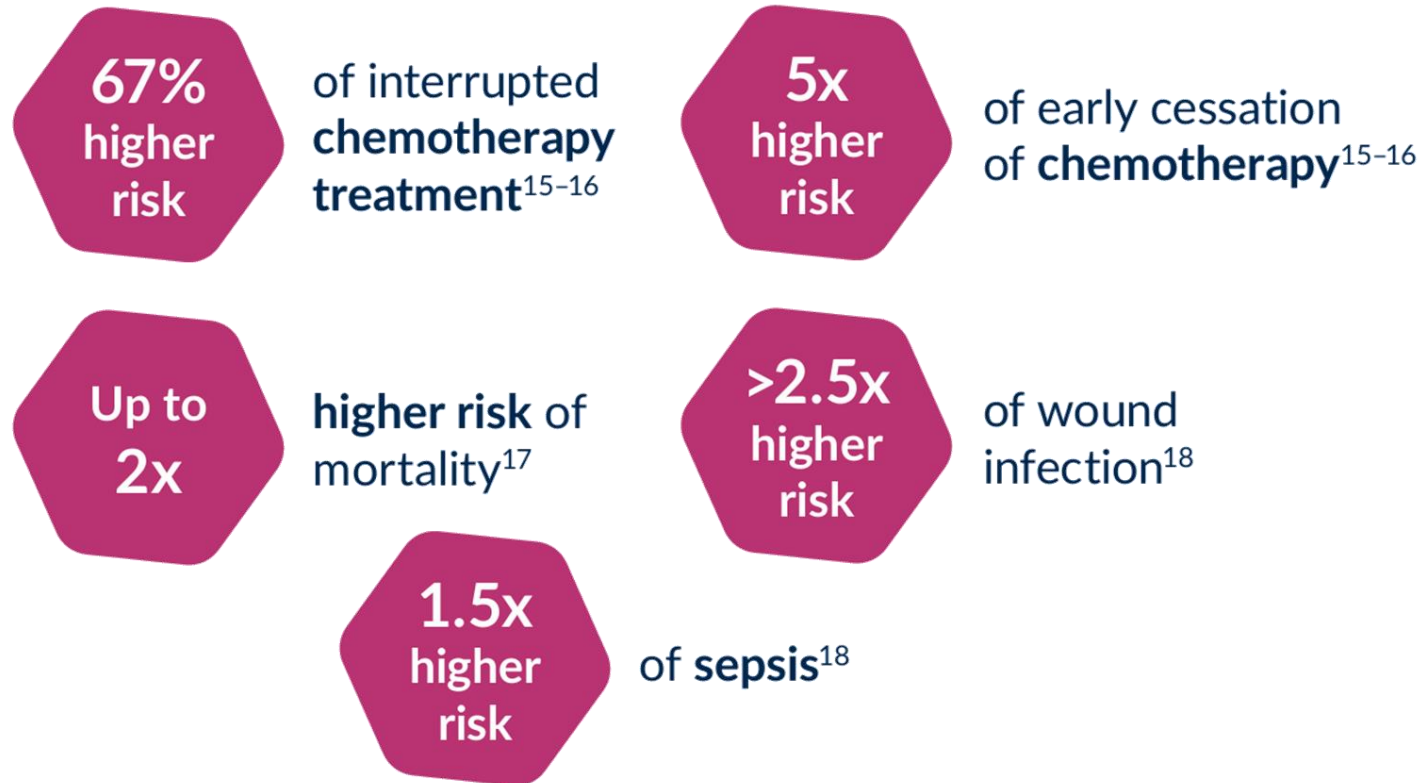
UP TO
60%

of people with cancer are **affected by sarcopenia.** ³



Malnutrition and sarcopenia directly affect treatment success

Malnourished cancer patients experience poorer clinical outcomes:



Early intervention is key



Empowering Patients with Timely Action Change the Trajectory of Care and Outcomes.

Medical Nutrition for your Patient's Cancer Care Journey



SUSTAGEN®
Hospital Formula
Neutral Flavour 840g



RESOURCE®
ULTRA+ 125mL



IMPACT®
Advanced Recovery
250mL



RESOURCE®
ULTRA Clear Fruit
Flavoured Beverage 200mL



SUSTAGEN®
Hospital Formula
Neutral Flavour 840g

Nutritional supplement use



fewer hospital readmissions (within 30 days) was seen with the use of nutritional drinks in malnourished adults.¹²



reduction in complications was observed with the use of oral nutritional supplements in conjunction with standard diet.²⁸

Patient & Caregiver Engagement: Website



Scan to
learn more



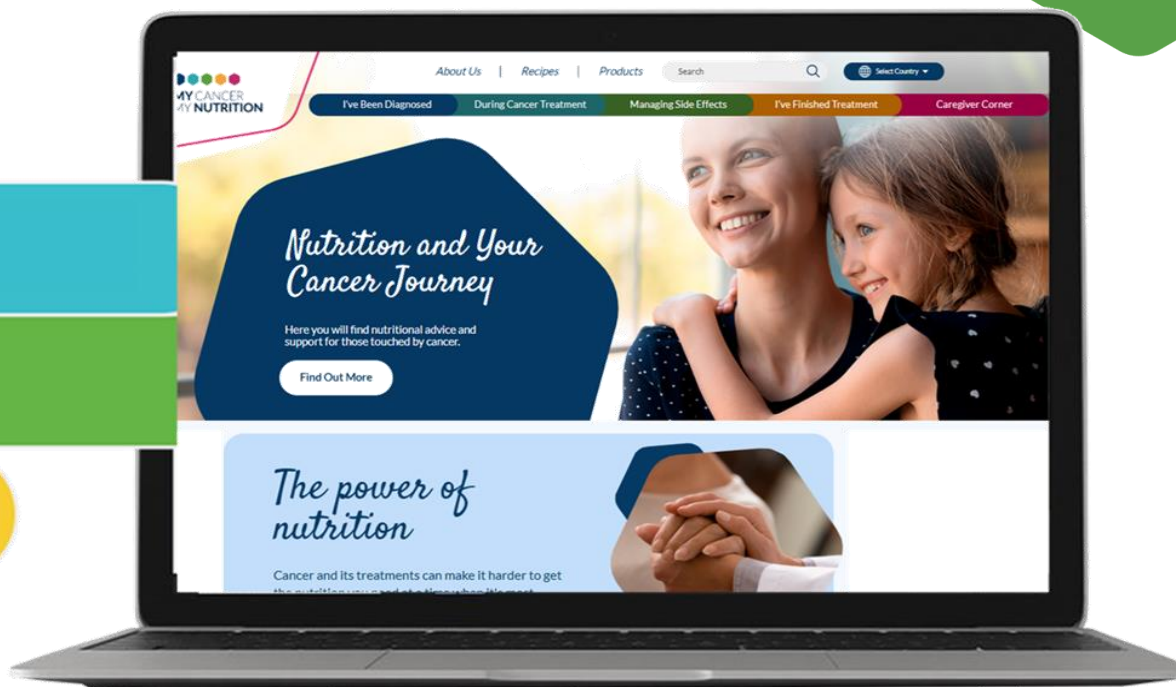
1 I've Been Diagnosed

2 During Cancer Treatment

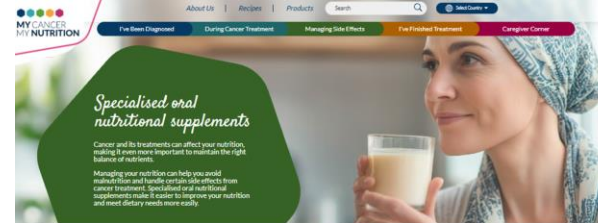
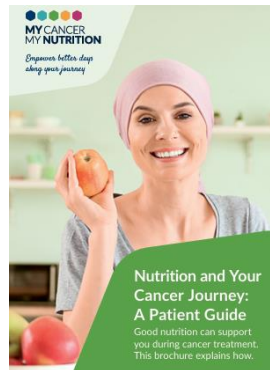
3 Managing Side Effects

4 I've Finished Treatment

5 Caregiver Corner



Patient education: Brochure & Website to support access to information and purchase



Nutritional Supplement Drinks to Support Your Cancer Care

RESOURCE* ULTRA+
Each 125mL drink provides:

- 25g PROTEIN
- 250kcal ENERGY

Small in volume and high in protein and energy ideal to help maintain body weight if you have a low appetite.

Drink to help you eat.
Drink to help you gain weight if you have a low appetite.

RESOURCE* ULTRA CLEAR FRUIT
Each 200mL drink provides:

- 15g PROTEIN
- 100kcal ENERGY

A juice-style drink ideal if you experience sensory or taste changes associated with cancer treatment.

Drink to help you eat.
Drink to increase appetite.

Specialised oral nutritional supplements make it easier to boost your nutrition and support your strength during cancer treatment.¹⁵

1 Your healthcare professional may recommend a specific supplement based on your needs.

SUSTAGEN* HOSPITAL FORMULA Neutral Flavour

Versatile powder format. Simply mix with water for a high protein drink or add the powder to food and drinks to increase protein and nutrients.

Recipe ideas: many ways to use SUSTAGEN* in your snacks or drinks to boost the protein in each serve:

Porridge	QUANTITY	SUSTAGEN*	METHOD	ADDED PROTEIN
Porridge	1 cup or 40g dry oats	20g (1 heaped)	Stir into cooked porridge.	4.1g
Tea / Coffee	1 cup or 200mL	20g (1 heaped)	Stir into tea or coffee as a replacement for milk.	4.1g
Muscle 'Repair'	1 cup or 125g	40g (2 heaped)	Stir into 1 cup of 1.5 litres before serving.	8.2g

*Average values. Source: Nestlé, February 2015. ©2015 Nestlé Health Science. All rights reserved. Nestlé Health Science is a registered trademark of Nestlé Health Science. All other trademarks are the property of their respective owners. Always consult your healthcare professional. Distribution: Nestlé Health Science (Pty) Ltd. All other trademarks are the property of their respective owners.



Medical Distributors

Nestlé Health Science products designed to provide specialised nutritional support for your cancer journey are available online from the distributors below.

Prefer to buy in-store?
Speak to your local pharmacy. Your pharmacist can easily order in the products you require.



Medical Distributors
Nestlé Health Science products designed to provide specialised nutritional support for your cancer journey are available online from the distributors below.

Prefer to buy in-store?
Speak to your local pharmacy. Your pharmacist can easily order in the products you require.

State / Territory	Distributor	Order / Contact	Website
Online	Apoll Online Location Online Store	Phone: 02 8700 4000 Email: apoll@apoll.com.au	http://www.apoll.com.au
ACT	IDS Online Location Eastern ACT	Phone: 1300 802 244 Email: ids@ids.com.au	http://www.ids.com.au
NSW	Paragon Care Online Location Eastern Coast NSW	Paragon Care Phone: 1300 369 588 / 02 8655 1000 Email: paragon@paragon.com.au	http://www.paragoncare.com.au
NSW	Independence Australia Online Location Western NSW	Independence Australia Phone: 1300 760 800 Email: independence@independence.com.au	http://www.independence.com.au
NSW	BrightSky Online Location NSW	BrightSky Phone: 1300 66 66 01 Email: order@brightsky.com.au	http://brightsky.com.au
NSW	Surgical House Online Location NSW	Surgical House Phone: 08 8381 4100 Email: surgicalhouse@brightsky.com.au	http://www.surgicalhouse.com.au
NSW	Superior Healthcare Online Location Porterbrook NSW	superior@superior.com.au	http://www.superior.com.au
NSW	ESOL Healthcare Online Location NSW	esol@esol.com.au	http://www.esol.com.au
NSW	SSS Australia Online Location NSW	sss@sss.com.au	http://www.sss.com.au
NSW	Capital Chemist Online Location Bathurst NSW	Capital Chemist Phone: 02 8321 4022 Email: info@capitalchemist.com.au	http://www.capitalchemist.com.au



For example:



Thank you!



NCONNECT

Sign up to NConnect for more educational
resources for healthcare professionals.

www.nestlehealthconnect.com.au



Your local Account Specialists:

South/East & TAS - Madeleine Buckland: Madeleine.Buckland@au.nestle.com

North/West VIC - Celine Khalil: Celine.Khalil@au.nestle.com