

Supporting women through endometrial cancer survivorship

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CANCER PATHWAYS: JOURNEY MAPPING

In 2025, 3,153 Australian women were diagnosed with endometrial cancer



1 Understanding contemporary endometrial cancer survivorship issues



What are the contemporary endometrial cancer survivorship issues?

UMBRELLA REVIEW



42 reviews identified from a Medline database search (2013-2023)



Reviews of any type reporting survivorship outcomes in endometrial cancer survivors

SURVEY



37 healthcare professionals (2024)



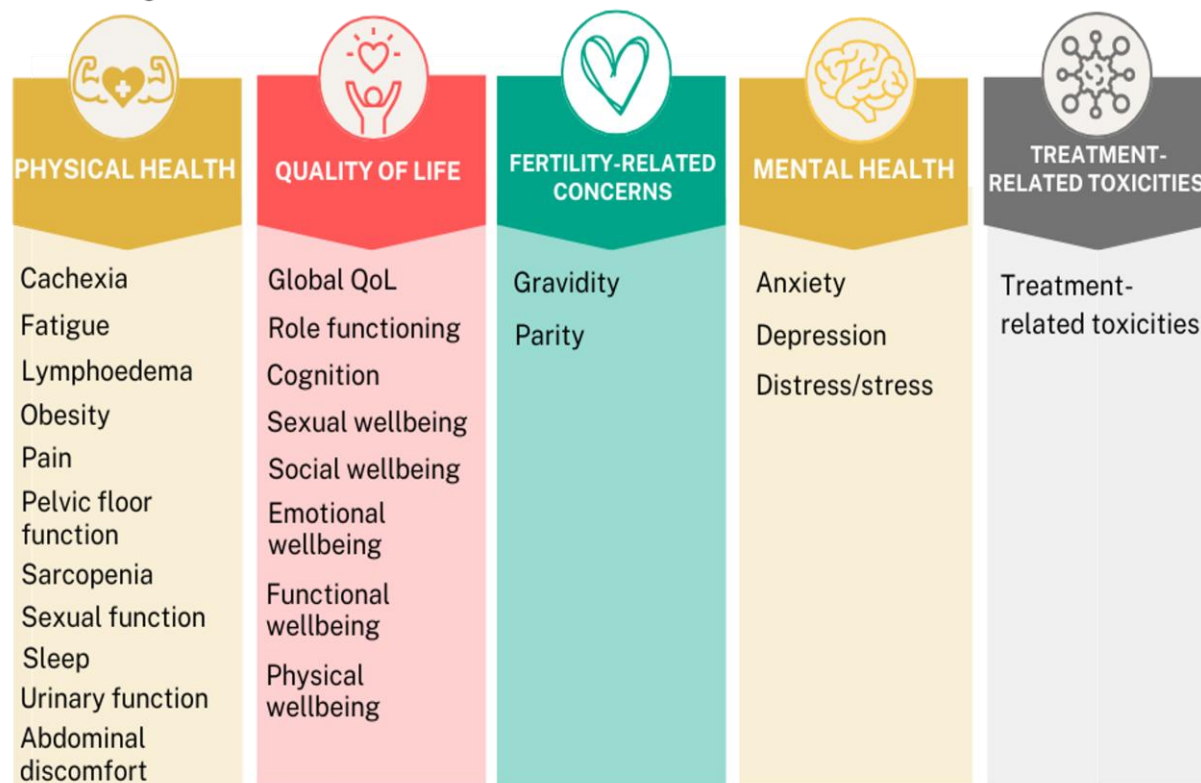
Worked with endometrial cancer patients in the past 5 years in Australia or New Zealand



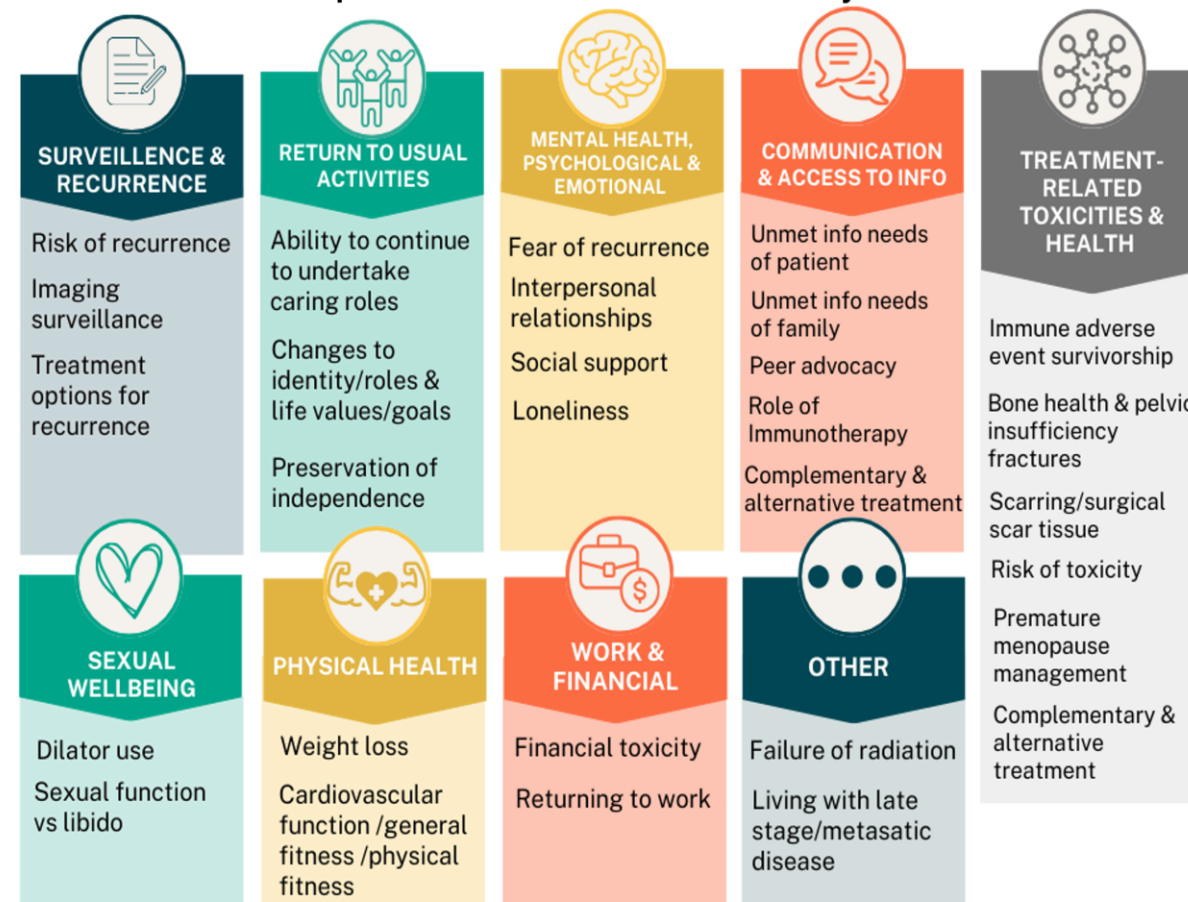
Rate the relevance of each outcome from the review and list any additional survivorship issues

Results: 53 survivorship issues in 11 categories

Five categories of outcomes identified in the umbrella review

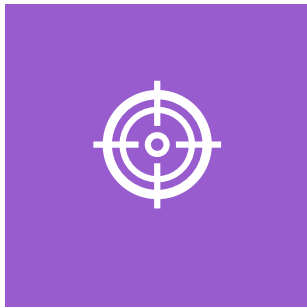


Additional survivorship issues identified in the HCP survey



2 Endometrial cancer patient information experience survey

(n=82)



Aim

Information needs, satisfaction,
preferred sources
(1) pre-diagnosis; (2) diagnosis;
(3) treatment



Study design

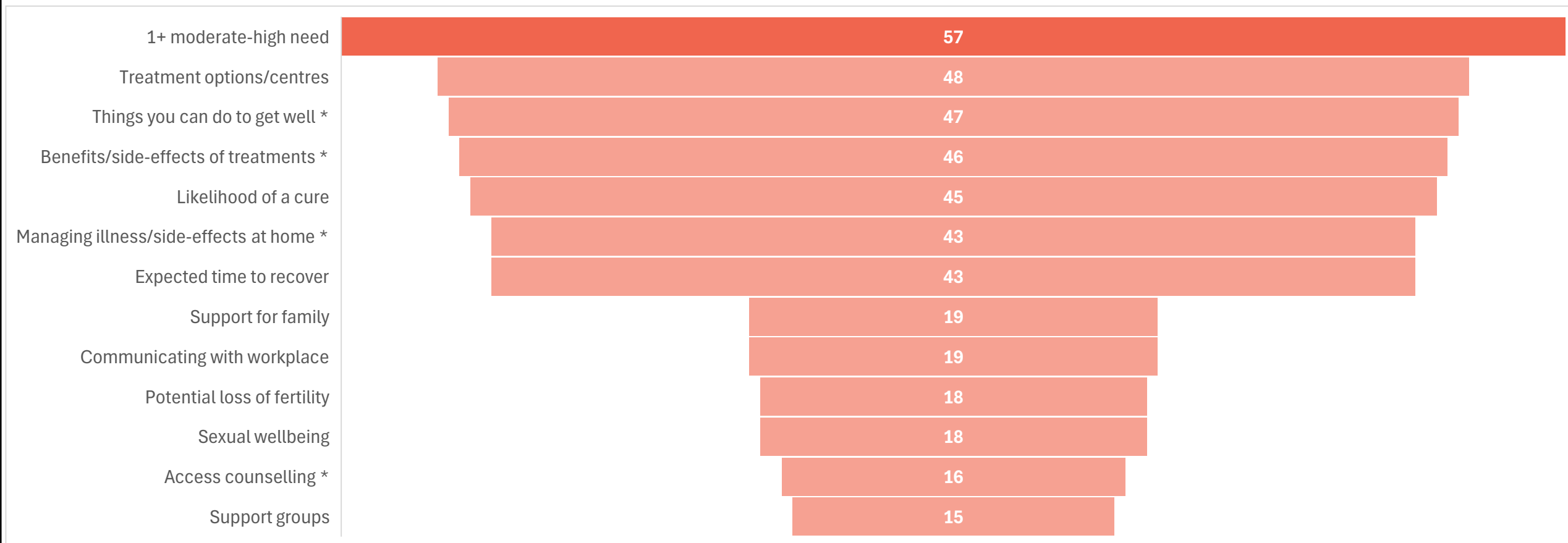
Cross-sectional
Self-administered questionnaire
Semi-structured telephone
interviews



Recruitment

Queensland Cancer Registry
Women aged 18+ years
Diagnosed with endometrial
between 2022-2023

Prevalence of moderate-to-high unmet information needs during treatment



The **right** information at the **right** time.

Accessible to all.

Readable, understandable, actionable, culturally appropriate.

Meets the **individual needs** for **what matters**
to them.

Recommendations

SPECIFICS OF TREATMENT	TAILOR INFORMATION	OFFER INFORMATION PROGRESSIVELY	BE PROACTIVE
Practical information on what to expect ahead of time including on procedures, side effects, emotional impact, recovery, self-management.	To women's needs, capacities, preferences, timing, and cancer type.	Make information provision an ongoing process.	Women often don't know what questions to ask; offer links to trusted sources of information; connect women to available support groups.
Healthcare professionals as trusted sources of information.			

"It's like these little practical things... There's nothing about the practical side of things."

"They say, 'knowledge is power', but sometimes my anxiety, it's worse for me to know."

"You can only handle so much information at a time. It's kind of gotta be progressive."

"Do you have any questions?."

Audit of online information resources

Australian health organisations (gynaecological cancer symptoms)

Quality of resources...

- ★ Readable
- ★ Understandable
- ★ Actionable
- ★ Culturally inclusive



<https://www.cancer.org.au/>



Cancer Institute NSW

<https://www.cancer.nsw.gov.au>

Trust It or Trash It

Thinking critically about the quality of online health information

☐ Who said it?

Look for websites that end with *.edu .gov .org*.

☐ When did they say it?

Look for when the resource was last updated at the bottom of the page.

☐ How did they know?

Is the information based on research (look for references) and matches information in multiple other sources?

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Watch this space



Survivorship
checklist



Information
resources



Women's
Connect

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Consumer Advisory Group
Women's Health Research

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I also thank the women who participated for
generously sharing their stories.



SCAN ME

List of publications