

CONVERSATIONS IN CANCER SURVIVORSHIP

RESOURCES FOR SURVIVORS AND CARERS

Cancer Council Information Booklets

- [Living Well After Cancer](#)
- [Exercise for People Living with Cancer](#)
- [Nutrition for People Living with Cancer](#)
- [Understanding Complementary Therapies](#)
- [Sexuality, Intimacy and Cancer](#)
- [Managing Cancer Side Effects](#)
- [Living with Advanced Cancer](#)
- [Managing Practical Impacts: Finance, Work and Your Rights](#)



Podcast Series

- [The Thing About Cancer - Navigating the Challenges of a Cancer Diagnosis](#)
- [Finding Calm During Cancer](#)

Other Resources

- Australian Cancer Survivorship Centre
 - [Life After Treatment Resources](#)
 - [Survivor Stories](#)
 - [Common Survivorship Issues Directory](#)
- Cancer Council
 - [Webinars and videos](#)

RESOURCES FOR HEALTH PROFESSIONALS

Cancer Survivorship Education

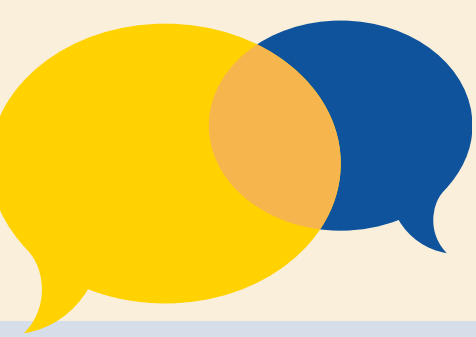
- eviQ Education: [Cancer Survivorship](#) and [Rapid Learning Module](#)
- University of Melbourne and Victorian Comprehensive Cancer Centre (VCCC) Alliance via Future Learn: [Cancer Survivorship for Primary Care Practitioners](#)

Communication Modules and Training

- Cancer Australia: [Communication Skills Training Modules](#)
- Cancer Council Victoria: [Effective Cancer Communication Training](#)
- Cancer Council Victoria: [Responding to Emotions in Cancer training](#)

Additional Resources

- Australian College of Nursing: [Active Listening](#)
- ABC Radio: [Clinical Strategies to Help Cancer Survivors Deal with Fears that it May Return](#)
- National Cancer Institute: [Communication in Cancer Care - Health Professional Version](#)
- Peter Mac: [Adolescent and Young Adults \(AYA\) Professional Resources](#)



CONVERSATIONS IN CANCER SURVIVORSHIP

RECOMMENDED ARTICLES FOR FURTHER READING

- Emery, J., Butow, P., Lai-Kwon, J., Nekhlyudov, L., Rynderman, M., & Jefford, M. (2022). [Management of common clinical problems experienced by survivors of cancer](#). The Lancet, 399(10334), 1537–1550.
- Banerjee, S. C., Matasar, M. J., Bylund, C. L., Horwitz, S., McLarney, K., Levin, T., Jacobsen, P. B., Parker, P., Astrow, A., & Kissane, D. W. (2015). [Survivorship care planning after participation in communication skills training intervention for a consultation about lymphoma survivorship](#). Translational Behavioral Medicine, 5(4), 393–400.
- Economou, D., & Reb, A. (2017). [Communication concerns when transitioning to cancer survivorship care](#). Seminars in Oncology Nursing, 33(5), 526–535.
- Smith, A. B., Girgis, A., Taylor, N., Pearce, A., Liu, J., Shepherd, H. L., Wu, V. S., Garvey, G., Kirsten, L., Zakhary, I., Ee, C., Ewald, D., Miller, A., & Shaw, J. (2024). [Step-by-step: A clinical pathway for stepped care management of fear of cancer recurrence—results of a three-round online delphi consensus process with Australian health professionals and researchers](#). Journal of Cancer Survivorship.
- Liu, J., He, S., Butow, P., Shaw, J., Christopher John McHardy, Harris, G., Serafimovska, A., Butt, Z., & Beith, J. (2023). [A novel clinician-delivered intervention to reduce fear of recurrence in breast cancer survivors: Results from a phase I/II implementation study \(CIFer_2\)](#). Psycho-Oncology, 32(12), 1930–1938.
- Butow, P., Sharpe, L., Thewes, B., Turner, J., Gilchrist, J., & Beith, J. (2018). [Fear of cancer recurrence: A practical guide for clinicians](#).
- Rock, C. L., Thomson, C. A., Sullivan, K. R., Howe, C. L., Kushi, L. H., Caan, B. J., Neuhouser, M. L., Bandera, E. V., Wang, Y., Robien, K., Basen-Engquist, K. M., Brown, J. C., Courneya, K. S., Crane, T. E., Garcia, D. O., Grant, B. L., Hamilton, K. K., Hartman, S. J., Kenfield, S. A., & Martinez, M. E. (2022). [American Cancer Society nutrition and physical activity guideline for cancer survivors](#). CA: A Cancer Journal for Clinicians, 72(3), 230–262.

