

# CNSA CNP SPN ANNUAL 2 DAY MASTERCLASS 2025



## AGENDA | CNSA CNP SPN MASTERCLASS

9TH AND 10TH NOV 2025 | MAJESTIC ROOFTOP HOTEL, ADELAIDE

### DAY 1 (Topics may be refined closer to event)

(Speaker - Meg Chiswell, Director, Healthcare Communication Collective)

8:15 - 8:45	Registration
8:45 - 9:00	<b>Welcome &amp; Sponsorship</b> Opening address - Michael Fitzgerald Sponsors Presentation: TBC
9:00 - 10:00	This one-day workshop equips nurse practitioners with practical communication strategies for supporting three intertwined journeys: the patient's journey with cancer, the patient's journey with mental ill health, and the nurses own professional journey. The workshop will cover clinician resilience and compassion fatigue.
10:00 - 10:45	Meg Chiswell
10:45 - 11:15	<b>Morning tea + trade display</b>
11:15 - 12:00	Meg Chiswell
12:00 - 12:45	Meg Chiswell
12:45 - 13:45	<b>Lunch and networking + trade display</b>
13:45 - 15:15	Meg Chiswell
15:15 - 15:45	<b>Afternoon tea and trade display</b>
15:45 - 16:45	Meg Chiswell
16:45 - 17:30	<b>Networking and Close</b>

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## AGENDA | CNSA CNP SPN MASTERCLASS

9TH AND 10TH NOV 2025 | MAJESTIC ROOFTOP HOTEL, ADELAIDE

### DAY 2 Prescribing and Pharmacology (Topics may be refined closer to event) (Speakers to be confirmed)

<b>8:15 - 8:45</b>	<b>Registration</b>
8:45 - 9:00	<b>Welcome &amp; Sponsorship</b> Opening address - Sponsors Presentation:
9:00 - 10:00	Navigating PBS as a Nurse Practitioner including differing state legislations.
10:00 - 10:15	Script writing 101
<b>10:15 - 10:45</b>	<b>Morning tea + trade display</b>
10:45 - 11:30	Using guidelines for prescribing antibiotics and opiates – indications, doses and limitations
11:30 - 12:15	Pharmacology in Cancer Treatment – therapeutic index v treatment goal
<b>12:15 - 13:00</b>	<b>Lunch and networking + trade display</b>
13:00 - 14:00	Decision Making in Prescribing – balancing efficacy and toxicity
<b>14:00 - 14:30</b>	<b>Afternoon tea and trade display</b>
14:30 - 15:30	Patient Safety in Cancer Pharmacology: identifying and managing drug interactions (include OTC medicines/supplements)
<b>15:30 - 17:00</b>	<b>Networking and Close</b>

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Oncology



# Three Journeys, One Conversation: Cancer Care and Mental Health

Sunday 9 November 2025  
(Other details)

**This one-day workshop equips nurse practitioners with practical communication strategies for supporting three intertwined journeys: the patient's journey with cancer, the patient's journey with mental ill health, and the nurses own professional journey.**

Drawing on evidence-based frameworks, participants will learn how to build trust, adapt consultations, and respond to distress while maintaining professional boundaries.

The program emphasises relationship-centred care, collaboration with carers and mental health professionals, and self-reflection to strengthen confidence in complex conversations.

Through interactive exercises and reflective practice, nurses will develop skills to foster psychological safety, reduce stigma and guide compassionate person-centred care.

#### **Disclaimer:**

This workshop is about enhancing communication in cancer care when patients are living with mental ill health. It is not training in diagnosing or treating mental illness—our focus is on supporting nurses to communicate safely, compassionately, and effectively, while working alongside mental health professionals as needed.

## Learning Objectives

At the end of this session participants will be able to:

- Describe how underlying mental illness can influence the communication needs and preferences of people with cancer.
- Apply evidence-based communication frameworks to adapt consultations for patients with mental illness.
- Use strategies to build rapport and trust, while maintaining professional boundaries.
- Recognise signs of escalating distress and respond within the scope of nursing practice.
- Collaborate effectively with carers and mental health professionals to support person-centred cancer care.
- Reflect on how their experiences and personal style impacts communication and build resilience and a growth plan through strengths-based reflection.

## About the facilitators

Meg Chiswell is one of Australia's leading experts in healthcare communication, recognised internationally for building communication skills programs. Meg is the founder of the Healthcare Communication Collective, a dynamic network transforming healthcare outcomes through skilled communication.

(insert other details)

## Further information

Supported by CNSA

## Register

Please contact:



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