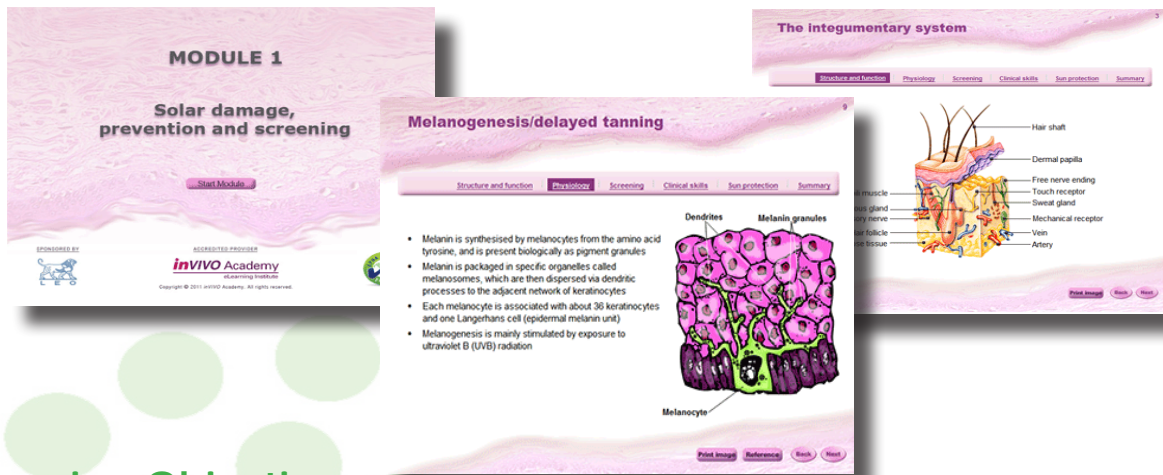


Solar Damage, Prevention and Screening - Online Learning

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Course Details

This interactive online module is the first in a five-part series designed to provide nurses with the necessary knowledge and skills for managing patients who are susceptible to solar damage and skin cancer. In this module, learn how ultraviolet radiation affects the structures and function of the skin, develop skills in identifying high-risk patients, and find out how you can implement preventive strategies in your practice. Enrolment is free for all nurses.



Learning Objectives

On completion of this module, participants will be able to:

- Distinguish between aberrant changes found in sun-damaged and normal skin
- Describe the mechanisms of skin damage and skin repair
- Interpret with increased skill the various skin lesions associated with solar damage in their patients
- Define the factors leading to solar damage and outline effective sun protection strategies
- Explain the issues surrounding sun avoidance and vitamin D deficiency, and describe prevention methods
- Implement a systematic screening programme within their practices to improve patient safety

CPD Hours

1 CPD Hour



This activity has been endorsed by APNA, according to approved criteria.

Total 1 CPD hours.

Course Content

This module comprises the following sections:-

1. Structure and Function

This section discusses the anatomy of the skin and describes the types of specialised cells involved in various skin functions.

2. Physiology

This section explains the process of keratinisation and pigmentation. You will be introduced to the properties of ultraviolet radiation and the types of skin lesions associated with acute and chronic sun damage.

3. Screening

This section will take you through the steps of assessing a patient's skin type and their susceptibility to skin cancer.

4. Clinical Skills

This section will review the common terms used to describe skin lesions, and explain how to take a thorough history and perform a whole body skin examination.

5. Sun Protection

This section will provide you with sun protection strategies which you can share with your patients, and discuss the controversies surrounding sun avoidance and bone health.

6. Assessment

On completion of the course you will be presented with a brief assessment that will test your underpinning knowledge.

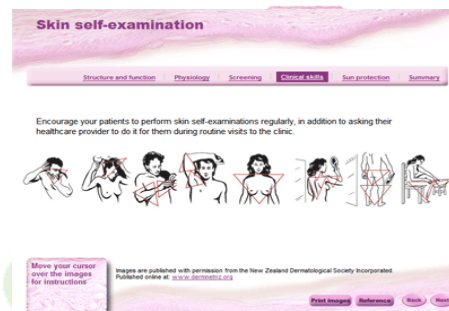
Target Audience

Only one in three Australians over 40 had a skin check in the past year, yet two in three Australians will be diagnosed with a form of skin cancer before the age of 70.

The course is ideally suited to all primary health care nurses as they form the frontline of patient health surveillance which include skin checks.

The course is designed to update nurse on preventive care against solar damage and skin cancer.

Early recognition and patient education aides early intervention.



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